

Balance

Health and Injury Clinic

655 NW BURNSIDE RD, SUITE 5, GRESHAM, OR 97030
503.492.2625 www.BalHIC.com

Acupuncture ♦ Chiropractic ♦ Massage
PRESCRIPTION AND REFERRAL PAGE

Patient Name: _____ Date: _____

Diagnosis Codes: _____

Instructions/Precautions: _____

Frequency of treatment: _____/wk Duration of Treatment: _____ wks

Treatment Plan: Evaluate and treat as necessary

Procedures

- Acupuncture
- Chiropractic
- Massage Therapy
- All

Modalities

- Dietary Therapy
- Electrical Stimulation
- Heat
- Herbs/Supplements
- IFC
- Ultrasound

Exercises

- Flexibility
- Home Program
- Posture/Body Mechanics
- Strength

Functional Rehab

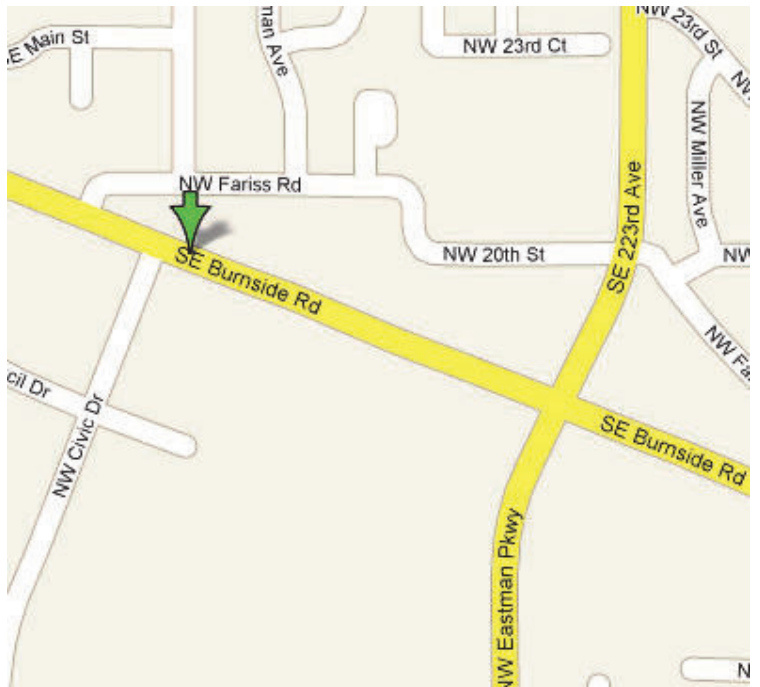
- Cervical
- Knee
- Shoulder
- Thoracic/Lumbar
- Other _____

Referring Physician: _____ Phone: _____

First time patient instructions...

- Make your appointment by calling (503) 492.2625
- Download and pre-fill forms or arrive 15 minutes early
- Wear loose, comfortable clothing
- Bring a list of medications to include prescriptions, over-the-counter medications, herbs and supplements
- Your first visit can last anywhere from 20 minutes to an hour depending on the nature, severity and duration of your condition
- Do not come to your appointment on an empty stomach

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We are located on the North side of Burnside road, directly across from LA Fitness.